

SNAC NEWSLETTER JANUARY 2024



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Happy New Year!

As 2023 comes to a close, the Indiana Department of Health wants to take a moment to express gratitude to the SNAC community and the work that you do. It is a privilege to collaborate with such a passionate and driven group of professionals. Thank you all for the time and energy you have contributed this year. We are extremely grateful to be able to do the work that we do with such an extraordinary group of people. We look forward to continuing working alongside you all in 2024!



If you would like to submit something to be featured in the State Nutrition Action Committee (SNAC) Monthly Newsletter, send it to info@indianasnac.com

Indiana SNAC is looking for members to join our Steering Committee

To ensure a comprehensive and inclusive approach to the implementation of IN SNAC, a Steering Committee consisting of diverse voices is needed. The partnership will be guided by a Collaborative Governance agreement, created by the Steering Committee. The Steering Committee will have the following key responsibilities:

- Meet Monthly for 1 hour
- Dedicate 3 hours of work outside of meetings monthly
- Identify and engage new partners
- Develop goals and KPIs to increase the impact of collective efforts
- Determine the strategic direction of projects
- Establish a governance structure

[Learn More](#)



Resources

FY 2024 SNAP-Ed PSE Change Initiative Data Toolkit

The U.S. Department of Agriculture released its FY 2024 SNAP-Ed Policy, Systems, and Environmental (PSE) Change Initiative Data Toolkit. The toolkit is intended to help SNAP-Ed agencies make data-informed decisions in planning PSE initiatives, meet program reporting requirements, and communicate the results of PSE work to interested parties. The toolkit includes suggestions for incorporating input from various potential collaborators, including community members and partners.

[Access the guide here](#)

Inclusive Nutrition Strategies for SNAP Settings

Inclusive Nutrition Strategies for SNAP Settings is a guide to using SNAP-Ed's materials and resources within an approved SNAP-Ed curriculum. This addendum provides general inclusion tips when planning to host a program, how to recruit individuals with disabilities, and a brief inclusive overview for each of five settings (child care, schools, communities, helping families, and social marketing/media).

[Access the guide here!](#)

The Food Action Research Center (FRAC) Advocate's Guide to the Disaster Supplemental Nutrition Assistance Program (D-SNAP)

A guide for reducing hunger and food insecurity before, during, and after disasters, based on past domestic disasters, including Hurricanes Katrina, Rita, and Wilma, Hurricane Sandy, and Hurricane Matthew.

[Access the toolkit here](#)

National Immigration Law Center (NILC) Latinx/Immigrant Families

The Performance Pack is a turnkey toolkit designed to increase breakfast participation within secondary schools but could be used with USDA Child and Adult Care Food Program (CACFP) dinner programs or a la carte menus. Additionally, Performance Pack provides coaches and teachers a comprehensive nutrition education resource.

[Access the report here!](#)

SNAC Tools

Community Compass

Educator Wellness Toolkit

Toolkit for Food Banks

Indiana Grown for Schools

Indiana Active Living Guidebook

Indiana Healthy Worksites Toolkit

Indiana Safe Routes to School Guidebook

Indiana Shared Use Toolkit

Indiana Department of Health Internship Postings

**Questions for the DNPA?
Reach us [HERE!](#)**



Resources

Continuity of Care Blueprint

The Continuity of Care in Breastfeeding Support Blueprint is a resource that aims to increase local capacity to support breastfeeding, particularly for populations disproportionately impacted by structural barriers that lead to low rates of breastfeeding. It was developed with a public health lens and is intended for any local-level organization and individual that interacts with pregnant and postpartum families. The goal is to ensure continuous, accessible, and coordinated breastfeeding support services and supportive community spaces for breastfeeding families. It is part of the Reducing Disparities in Breastfeeding through Continuity of Care project funded by the CDC and DNPAO.

[Access here](#)

Advancing Health Equity: Guide to Language, Narrative and Concepts

The field of health equity, as a scholarly domain and as a central issue in medicine, has evolved a great deal in recent years. A lot has been learned, and important progress has been made; yet there is still much that is being debated. Just as we would when exploring any new topic or area of study, when we want to learn more about the science and evidence in a particular area, one of the first tasks is to find trusted resources, so that one can learn more. In that spirit, teams from the American Medical Association and the Association of American Medical Colleges (AAMC) Center for Health Justice came together to produce this document, "Advancing Health Equity: A Guide to Language, Narrative and Concepts," providing physicians, health care workers and others a valuable foundational toolkit for health equity.

[Access here](#)





2024 Farm to School Grant Request for Applications is Now Open!

Deadline: Jan. 24, 2024

The USDA Farm to School Program is excited to announce the official release of the fiscal year (FY) 2024 Farm to School Grant Program Request for Applications (RFA). USDA will award up to \$12 million in competitive grants to eligible entities through the grant program this fiscal year. Each grant will help implement farm-to-school programming that increases access to local food in eligible schools, connects children with agriculture for better health, and inspires youth to consider careers in agriculture.

[Learn more and apply here!](#)

The Research Innovation and Development Grants in Economics Partnership

Deadline: Jan. 31, 2024

The RIDGE Partnership supports innovative research on food and nutrition assistance programs and aims to broaden the network of researchers applying their expertise to USDA topics. This extramural grants program seeks applications from a diverse community of experienced food and nutrition assistance researchers, early career scholars, and established researchers who bring expertise in another field of study.

[Learn more here](#)

PLANTS Grant

Deadline: Jan. 22, 2024

Applications for Chef Ann Foundation's newest grant program Partnerships for Local Agriculture & Nutrition Transformation in Schools (PLANTS) open Nov. 27. They are seeking proposals for projects led by groups of local partners with systemic and equity-driven approaches to transforming school food supply chains. Projects should seek to build and strengthen relationships among community-based food system stakeholders and School Food Authorities (SFAs) as well as expand scratch cooking in schools in order to build more nourishing school meal programs. Grant awards will be between \$500,000 and \$600,000 and will not require grantees to match funding. Entities eligible to apply include SFAs, food producers, food distributors and aggregators, nonprofits, and local government agencies

[Learn more here](#)

Indiana Farmers Market/Stand/CSA SNAP Matching Grant Program

Deadline: Rolling Basis

The St. Joseph Community Health Foundation, in partnership with the Indiana Department of Health's Division of Nutrition and Physical Activity, is offering grants up to \$20,000 to support SNAP matching programs at farmers markets, CSAs, farm stands, and mobile markets. There are limited funding available for incentives (Double Up) in 2024, but not for market operations. For more information, please contact Mary Tyndall at MTyndall@sjchf.org.

Funding & Opportunities



Planning Grants for Community Bicycle and Pedestrian Improvements

Deadline: Thursday, Jan. 18, 2024 at 4 p.m.

The Indiana Department of Health (IDOH) is providing funding for Indiana communities to conduct community-wide bicycle and pedestrian planning activities. Plans are anticipated to start in the spring of 2024 and are to be substantially completed by September 30, 2024. Matching funds will not be required for communities under 5,000 population. A dollar-for-dollar local match is required from communities over 5,000 population. Funding will pay for consulting fees to prepare the plans. Eligible applicants include cities, towns, counties, or regional planning agencies such as municipal planning organizations (MPOs). For more information and questions contact Pete Fritz at (317) 234-6808, pefritz@health.in.gov.

[Learn more here](#)

Participation in WIC & Prevalence of Health Risks Associated with Maternal Mortality

Deadline: Feb. 14, 2024

The goal of this RFA is to facilitate rigorous academic research into WIC's relationship to this important public health concern. The grantee is expected to propose a robust academic sub grant program to investigate this relationship using existing secondary data, identifying and constructing novel data sets to further examine this relationship, and by supporting and growing a diverse academic community that is invested in sustaining research related to the relationship between WIC and maternal health outcomes. Sub grant program analyses will be required to examine the prevalence of these conditions by participation in WIC overall and by race, ethnicity, and age.

[Learn more here](#)



June
3-5

National Anti-Hunger Policy Conference Washington, D.C.

Join the Food Research & Action Center (FRAC) on June 3-5, 2024, in Washington, D.C. This year the conference will be at the Capital Hilton and we are excited to network, exchange best practices, and strategize policy solutions to ending poverty-related hunger in America. Conference registration will open in January 2024.

[Learn More!](#)

May
13-14

IU Rural Conference French Lick Resort Event Center, French Lick, Indiana

Save the date for May 13 and 14, 2024, and connect with leaders from across Indiana, Indiana University researchers, and colleagues from a variety of fields as you learn and share your perspective on the opportunities and needs facing rural Indiana. Watch for more details and registration, coming soon.

[Learn More!](#)

On
Demand

Getting Your Grant Package Together Webinar

On Nov. 2, 2023, USDA hosted a webinar on "Getting Your Grant Package Together". This webinar is the second in a two-part series for new applicants applying for the 2024 Patrick Leahy Farm to School Grant. This webinar includes a walk-through on required components and how to submit a complete application, as well as tips for writing succinct applications that outline your farm to school project.

[Watch Now](#)

January 2024 SNAP-Ed Recipe: Chicken Enchilada Soup

Makes: 12 servings

Ingredients:

- 2 teaspoons oil
- 1 cup chopped onion (about 1 medium)
- 2 cloves garlic, minced,
or 1/2 teaspoon garlic powder
- 1 teaspoon ground cumin
- 1 can (16 ounces) navy beans
- 1 can (28 ounces) diced tomatoes
- 2 cans (14.5 ounces each) fat-free chicken broth
(see notes)
- 1 can (8 ounces) tomato sauce
- 2 cans (4 ounces each) chopped green chilies
- 2 teaspoons dried oregano
- 2 cups chopped cooked chicken
- 1/2 cup chopped fresh cilantro
- 1 cup shredded cheese
- 10 thin corn tortillas



Directions:

1. Heat oil in a large pot. Add onion, garlic, and cumin, and sauté until onion is softened but not browned.
2. Drain and rinse beans. Add drained beans, tomatoes with liquid, and chicken broth. Heat to a boil. Reduce heat.
3. Stir in tomato sauce, chilis, oregano, and chicken. Simmer 15 minutes.
4. When ready to serve, stir in cilantro and 1 cup cheese until melted. Serve tortilla strips on the side as soup toppings.

Refrigerate leftovers within 2 hours.



Purdue University is an equal access/equal opportunity institution. This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP).

Receta SNAP-Ed de enero de 2024: sopa de enchilada de pollo

Rinde: 12 porciones Ingredientes:

- 2 cucharaditas de aceite
- 1 taza de cebolla picada (aproximadamente 1 mediana)
- 2 dientes de ajo, picados, o 1/2 cucharadita de ajo en polvo
- 1 cucharadita de comino molido
- 1 lata (16 onzas) de frijoles blancos
- 1 lata (28 onzas) de tomates cortados en cubitos
- 2 latas (14,5 onzas cada una) de caldo de pollo sin grasa (ver notas)
- 1 lata (8 onzas) de salsa de tomate
- 2 latas (4 onzas cada una) de chiles verdes picados
- 2 cucharaditas de orégano seco
- 2 tazas de pollo cocido picado
- 1/2 taza de cilantro fresco picado
- 1 taza de queso rallado
- 10 tortillas de maíz finas



Direcciones:

1. Calienta el aceite en una olla grande. Agregue la cebolla, el ajo y el comino y saltee hasta que la cebolla esté tierna pero no dorada.
2. Escurrir y enjuagar los frijoles. Agregue los frijoles escurridos, los tomates con líquido y el caldo de pollo. Calentar hasta que hierva. Reducir el calor.
3. Agregue la salsa de tomate, los chiles, el orégano y el pollo. Cocine a fuego lento durante 15 minutos.
4. Cuando esté listo para servir, agregue el cilantro y 1 taza de queso hasta que se derrita. Sirva las tiras de tortilla a un lado como aderezo para la sopa.

Refrigere las sobras dentro de 2 horas.



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