

SNAC NEWSLETTER JUNE 2023



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SNAC 2023 Webinar Series



**Connect with the
Network**

Food Councils 101

June 29, 2:00-3:00p.m. EDT via Microsoft Teams
Join us to learn more about the function and structure
of food councils and how to get involved.

[Learn more and register.](#)

Social Determinants of Health Screenings in Indiana Hospital Systems

Learn more about social determinants of health screenings
that are implemented in hospital systems to provide
whole-person care.

[View the recording and related information.](#)

If you would like to
submit something to
be featured in the
SNAC Monthly
Newsletter, send it to
[info@indianasnac.com.](mailto:info@indianasnac.com)

Successful Non-Congregate Meal Service Models for Rural Areas: Implementation Guide

This resource outlines effective models for non-congregate meal service. Use this guide to find strategies and tactics to execute a successful non-congregate summer meals program in your rural community.

[Read more about and download the resource.](#)

How to Communicate the Benefits of Values-Aligned Universal Meals

What are values-aligned universal meals, and what are the best ways to communicate how our shared values can create healthy school meals for all kids? Download this guide from the National Farm to School Network to support your work!

[Download the guide.](#)

National and State Level Estimates of WIC Eligibility and Program Reach in 2020

These graphics, the latest in a series of annual reports on WIC eligibility, present 2020 national and state estimates of the number of people eligible for WIC benefits and the percentage of the eligible population and the US population covered by the program, including estimates by participant category. The graphics also provide estimates by state and U.S. territory and by race and ethnicity.

[View the webpage.](#)

Summer Meals Outreach Toolkit

No Kid Hungry has created a summer meals outreach toolkit to help you get the word out to families. A range of ready-made promotional materials are available to help publicize summer meals in your community. Use these resources to maximize the impact of outreach efforts in schools, faith communities, community organizations and online.

[Access the toolkit.](#)

[Community Compass](#)

[Educator Wellness Toolkit](#)

[Anti-Racist Toolkit
for Food Banks](#)

[Indiana Grown for Schools](#)

[Indiana Active Living
Guidebook](#)

[Indiana Healthy Worksites
Toolkit](#)

[Indiana Safe Routes
to School Guidebook](#)

[Indiana Shared Use Toolkit](#)

[Indiana Department
of Health Internships](#)

**Questions for the DNPA?
Reach us [HERE!](#)**



New Resources

Dietary Guidelines for Americans: Race, Culture, and Adapting Recommendations for All



This new paper addresses the intersection of race, culture and health equity within the Dietary Guidelines for Americans, which is published by the U.S. Department of Agriculture (USDA) and the U.S. Department of Health and Human Services (HHS) every five years. This paper thoughtfully explores claims of racism and the handling of cultural awareness within the Dietary Guidelines, and it offers actionable strategies and tips for adapting the nutrition guidance for various cultural settings.

[Access the resource.](#)

A Growing Relationship: Cultivating Organizational Readiness to Influence Implementation of Policy, Systems, and Environmental (PSE) Change Programming in SNAP-Ed Funded School-Community Partnerships

This report looks at how we can create more readiness (school staff motivation/capacity) while also considering equity and those schools that don't have current capacity, but the opportunity to build their capacity.

[Read the article.](#)



Announcements

Pandemic EBT (P-EBT) Announcement from the Indiana Family and Social Services Administration (FSSA)

P-EBT benefits that were issued on Friday, April 14, were provided to students who attended school in person AND had COVID-19-related absences during July to December 2022. If a parent is asking about the benefit, please do not encourage them to request a replacement P-EBT card unless their child was eligible for a benefit for that time period, and no longer has card. FSSA has already seen a sharp increase in replacement card requests, and the volume of requests will cause the process to be slowed. Many parents may mistakenly believe this issuance was like the "summer" issuance when all students eligible for free or reduced-price meals on the National School Lunch Program (NSLP) received a benefit.

Please feel free to share [FSSA's P-EBT webpage widely](#). There is an FAQ for parents as well as one for schools to help all understand how P-EBT works.

Read [No Kid Hungry's Pandemic EBT Outreach Toolkit](#) for additional support.

Get Involved in the Dietary Guidelines Advisory Committee

The 2025 Dietary Guidelines Advisory Committee's work is under way, and we welcome your involvement in the process to update the 2025-2030 Dietary Guidelines. The U.S. Departments of Health and Human Services (HHS) and Agriculture (USDA) encourage public participation in the committee's review process.

You can get involved by:

- [Providing public comments](#)
- [Attending virtual Committee meetings](#)
- [Visiting DietaryGuidelines.gov](#) to stay updated
- [Signing up for regular updates](#)



SNAP Process and Technology Improvement Grants Program

Due: June 15

This grant opportunity supports state agency and partner projects that use technology to improve the quality and efficiency of SNAP operations and processes. This year, FNS is offering up to \$5 million in grants to support projects focused on one of three priority areas: modernizing SNAP customer service and client communication; improving administrative infrastructure and day-to-day SNAP operations; or investing in technology and systems to encourage cross-collaboration and cross-enrollment between SNAP and other assistance programs.

Eligible applicants: SNAP state agencies; state or local governments; agencies that provide health or welfare services; public health or educational entities; private nonprofit entities such as community-based or faith-based organizations, food banks, or other emergency feeding organizations.

[Read a summary of last year's grant awards.](#)

[Learn more and apply.](#)

Call for Proposals: Sustainable Food Systems Initiative

Due: June 14

The Danone Institute North America (DINA) Sustainable Food Systems Initiative is a competitive program that will select and fund up to five transdisciplinary teams in 2023 to design, implement and evaluate actionable community-based projects on sustainable food systems that contribute to the nutritional health of populations and support communication about their impact.

This initiative will provide seed funding for projects such as pilot studies, feasibility testing, needs assessments and planning grants. Each selected team will receive a USD 50,000 DINA Sustainable Food Systems Initiative Innovation Award to implement its project and amplify its message to a broader audience over a two-year period. Teams may use this grant mechanism to supplement current funding from other sources, but new project aims must be developed for the DINA Sustainable Food Systems Initiative funding.

[Learn more and apply.](#)

SNAP Employment and Training National Partnership Grants 2023

Due: July 10

The Supplemental Nutrition Assistance Program Employment and Training (SNAP E&T) helps connect SNAP participants who can work with the skills, training and work experience needed to obtain and maintain regular employment. The SNAP E&T National Partnerships Grants Program is designed to expand the capacity of the E&T program by bringing on new, highly qualified providers. This year, FNS is offering a total of approximately \$3 million to national non-profit organizations with large member or affiliate networks of workforce development direct service providers. These organizations will then provide training and technical assistance to their members or affiliates so they can become SNAP E&T providers.

Eligible applicants: National not-for-profit organizations with members or affiliates that provide workforce development services.

[Read more about last year's grantees.](#)

[Learn more and apply.](#)

Trailblazer Planning Grant

Due: Aug. 1

The Indiana CTSI CHeP Trailblazer Planning Grant supports development of community-university partnerships to improve health, examine social determinants of health (SDoH), or enhance health equity to result in future collaborative research proposals. The award can be used to establish new partnerships or to strengthen/expand existing community-university partnerships to solve critical health problems affecting Hoosiers. The expected outcome of this award is the development of a future research proposal for opportunities such as the Trailblazer Award. Examples of partnership development activities we are interested in funding include meetings, conferences, travel expenses, and quality improvement assessments. There must be at least one university-based partner and one community-based partner. All partners must currently work in an Indiana-based institution or organization. Awards will be up to \$5,000.

[Apply for the grant.](#)



Mary Tyndall, Communications & Food Programs Director, St. Joseph Community Health Foundation

Mary Tyndall (MTyndall@sjchf.org) came to the St. Joseph Community Health Foundation in 2021 to facilitate the Gus Schumacher Nutrition Incentive Program (GusNIP) grant that the organization was awarded.

Describe your organization and role.

The St. Joseph Community Health Foundation was reorganized in 1998 when a religious order of Catholic sisters, The Poor Handmaids of Jesus Christ, sold the St. Joseph Medical Center in Fort Wayne, Indiana. When they sold the medical center, they placed part of the proceeds in the foundation in Allen County, Indiana. The mission of the St. Joseph Community Health Foundation is to serve low-income, vulnerable residents. In our organization, we have four different priorities: food insecurity and nutrition, prenatal and infant care, immigrant and refugee support, and health care access. I work primarily in the food insecurity and nutrition area. As part of this work, we provide support through grants to organizations like food banks, food pantries, and food reclamation projects. Additionally, we work with Parkview Health to implement the Healthy Eating Active Living (HEAL) initiative. This initiative has a two-pronged approach. One approach is to provide pop-up farmers market locations in our community that take WIC, SNAP, and senior farmers market vouchers. The second piece of the HEAL initiative approach is the cooking and nutrition education classes. We provide small grants to non-profits, churches, and other similar groups working with people experiencing low-income to implement these classes. As part of our partnership, Parkview Health dietitians create the curriculum and train others to teach the classes in these locations. Classes provide nutrition information and allow participants to practice cooking skills.

In 2020, our organization received a Gus Schumacher Nutrition Incentive Project Grant (GusNIP). This is a SNAP matching program that is implemented in Allen County at a variety of farmers market locations, retail locations, and, in the fall, one new nonprofit grocery store. We have also been working with the Indiana Department of Health to launch SNAP matching at farmers markets across the state. This involves us managing grants to farmers markets so they can start matching SNAP dollars and adopting the Double Up branding if they would like.

What are projects and/or partnerships that have been impactful in the work you do?

Our long-standing partnership between Parkview Health has had a significant impact on the community, especially in the areas of

nutrition and food insecurity. Parkview Health has tremendous resources and skilled practitioners like registered dietitians who are very passionate about this work. We are able to provide grant management and can convene community groups to share resources and ideas. As I mentioned, we partner with them to implement the HEAL markets and Parkview Health sponsors the Double Up programs. Parkview Health also offers Veggie Rx, a produce prescription program. We both work with similar agencies to provide comprehensive food access and nutrition support in our community.

What is the most interesting part of your role?

The most interesting part of this role has been learning more about food insecurity and food systems. My background is in communications and municipal government work. So, I have learned a lot in this role, which I appreciate! My favorite parts of this role are going to the farmers markets, connecting with people, and seeing all the beautiful produce. Going to the farmers market is a celebration of fresh, local, and nutritious foods.

What is the “why” behind what you do?

My parents instilled in me a desire to be of service and to do something meaningful with my life. My parents made sure I understood how much privilege, love, and support I was given so that I would give back and make a meaningful difference in the world. Giving back and being of service to others also fills my tank and allows me to be in community with others. When I go to the farmers markets, I get to share a love for nutritious food with those around me and that brings me so much happiness.

Is there anything else SNAC members should know?

It has been great to connect through the different SNAC meetings to learn about the different work going on in this area. Taking the time to learn about various approaches and projects is so important. If anyone has ideas or thoughts around Double Up or anything they would like to see implemented around the model, please reach out and we can start the conversation! I am always open to sharing information and learning more.

JUNE
14

Racial Equity Learning Lab Informational Webinar

June 14 from 3-4 p.m. EDT

The National Farm to School Network (NFSN) is excited to announce a partnership with the U.S. Department of Agriculture to convene the [Racial Equity Learning Lab](#) ("the Lab"). Through a series of facilitated learning sessions, paired with ongoing peer and mentor support, cohort members will dive into literature, resources, and discussions to build the foundations of shared understanding of racial inequities in the food system. This webinar will dive into the concept of the Lab and its value-based and co-creation approaches, celebrate the work done by the Lab Advisory Council, and share details about how to apply to join the Lab's first cohort of 13 members scheduled to convene this September. Details about the first cohort sessions will be shared during the June 14 webinar as well. For questions, please email Trisha Bautista at Trisha@farmtoschool.org.

[Learn more and register for the webinar](#)

JUNE
21

Hoosier Health and Wellness Alliance Virtual Summit: "Find your fit! Growing your role and cultivating partnerships in the food system"

June 21 from 10 a.m.-1 p.m. EDT online via Zoom

Attendees will gain knowledge in state and local food resilience efforts, and engage with resources to further develop infrastructure and capacity as they expand on new and existing food system efforts in their communities.

To keep the momentum going, and while supplies last, The Hoosier Health and Wellness Alliance will provide summit attendees with complimentary educational materials to further their success. You do not want to miss this event! Be sure to register, and then share event details with your networks.

[Register for the event.](#)

Job Postings

Community Food Systems Manager

The SNAP-Ed team within the Indiana Department of Health Division of Nutrition and Physical Activity is seeking a Community Food Systems Manager. This position will facilitate the collaboration of food system partners to develop, support, and sustain projects and programs that further the goals for an equitable, vibrant, and resilient statewide food network. Submit resume and cover letter directly to [Naima Gardner-Rice \(NGardner1@health.in.gov\)](mailto:NaimaGardner1@health.in.gov).

[View the job description](#)



Division of
**Nutrition &
Physical Activity**

Child Nutrition Positions

Across Indiana, there are a variety of summer and full time positions available to support child food access. The Monroe County Community School Corporation is looking for a Nutrition Coordinator. The Diabetes Youth Foundation of Indiana is looking for a Kitchen Manager for a summer youth camp. Lastly, the Hamilton Heights School Corporation is in need of a Food Service Director. Please pass along the information to anyone who might be interested!

[View the various jobs on our website.](#)



Webinars

SUMMER
2023

No Kid Hungry Summer Webinar Series: School's Out, Food's In

Join No Kid Hungry for their five-part summer webinar series! Each webinar will focus on all things related to summer meals. Click the links below to see the webinar recordings and resources.

[Planning for summer meals:](#) Strategies to plan smarter, not harder

[Making it mobile:](#) A deep dive into mobile meal programs

[Spread the word:](#) Summer meals and summer pandemic EBT outreach and promotion

[View all other webinars archived by No Kid Hungry](#) on specific programming like school breakfast, after school meals, and community eligibility provision.

REC.

Leah's Pantry: Grant Writing for Pantries Webinar Recording

This grant writing webinar was a huge hit and shared many great resources and information. Please see below for a small description of the webinar.

We often hear that garnering more funding is a sticking point for many pantries, so we have partnered with Bethlehem Food Pantry and the development team at LA Regional Food Bank to bring you stories, tips, and tricks from the pantry and grant reviewer's points of view. We hope you'll share this educational opportunity with your pantries!

[View the recording](#)

[Access the Los Angeles Regional Food Bank Grant Writing Resources.](#)

June SNAP-Ed Recipe: Popeye Power Smoothie

It is easy to skip your veggies. They are not as flavorful as fruit, as filling as meat, or as pleasantly comforting as grains. But thanks to their heart-friendly fiber and bountiful supply of vitamins and minerals, they are quintessential to good health.

If you need a quick and easy way to include vegetables in your diet, consider smoothies. They take minutes to prepare while combining flavors we love with the veggies we need. This particular recipe is a program favorite. Enjoy!

Makes: 4 cups

Ingredients:

- 1 cup orange juice
- 1/2 cup pineapple juice
- 1/2 cup low-fat plain or vanilla yogurt
- 1 banana, peeled and sliced
- 2 cups fresh spinach leaves
- 2 cups crushed ice

Directions:

1. Combine all ingredients in a blender.
2. Puree until completely smooth.
3. Serve immediately

Refrigerate leftovers within 2 hours.



Extension - Nutrition
Education Program

eatgathergo.org



Purdue University is an equal access/equal opportunity institution. This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP).

Receta SNAP-Ed de junio de 2023: batido de energía de popeye

Es fácil saltarse las verduras. No son tan sabrosos como la fruta, ni tan saciantes como la carne, ni tan reconfortantes como los cereales. Pero gracias a su fibra amigable con el corazón y su abundante suministro de vitaminas y minerales, son esenciales para una buena salud.

Si necesita una manera rápida y fácil de incluir vegetales en su dieta, considere los batidos. Se preparan en minutos mientras se combinan los sabores que amamos con las verduras que necesitamos. Esta receta en particular es una de las favoritas del programa. ¡Disfruta!

Hace cuatro tazas

Ingredientes:

- 1 taza de jugo de naranja
- 1/2 taza de jugo de piña
- 1/2 taza de yogur natural o vainilla de bajo en grasa
- 1 plátano, pelado y en rodajas
- 2 tazas de hojas de espinacas frescas
- 2 tazas de hielo picado



Direcciones:

1. Combine todos los ingredientes en una licuadora.
2. Haga puré hasta que esté completamente suave.
3. Servir inmediatamente.

Refrigere las sobras dentro de las 2 horas.

