

SNAC NEWSLETTER OCTOBER 2022



In This Issue

- November SNAC Dialogue Session
- White House Conference on Hunger, Nutrition, and Health
- IDOH Health Issues and Challenges Grant
- Fiscal Year 2023 CACFP & SFSP Area Eligibility Data Now Available
- State of Obesity 2022: Better Policies for a Healthier America
- Updated Whole Grain Resource for the National School Lunch and School Breakfast Programs
- State & Community Health Media Breastfeeding Resources
- Economic Indicators Library
- Improving the Quality of Care for MCH Populations
- Bloomberg Initiative for Cycling Infrastructure
- Farm to School Grant FY2023
- Aim for a Garden Grant
- Outdoor Recreation Legacy Partnership (ORLP) Program
- SNAC Spotlight: Micki Byrd
- National Farm to School Month
- Indiana Youth Institute Kids Count Conference
- Safe Routes to School Virtual Summit 2022
- 2022 Labor of Love Summit
- Public Health AmeriCorps Programs
- Tackling Neighborhood Poverty to Improve Children's Health
- Exploring Multisectoral Collaboration: New Rural Health Care Models of Investment
- Building More Equitable SNAP-Ed Collaborations Series Part 1
- October SNAP-Ed Recipe: Turkey Pumpkin Chili



November SNAC Dialogue Session: Engaging with Elected Officials and Local Leaders

In this session there will be a short, grounding presentation about how elected government officials and community leaders can be engaged to address community change around barriers that impact health. A short presentation by the Mayor of Crawfordsville, IN, Todd Barton, will be followed by breakout sessions where participants will discuss successes, challenges, resources, and next steps related to local leadership engagement in policy, systems, and environmental change. We will then all come together to discuss and brainstorm ways to leverage this information to guide conversations with local and statewide leaders.

[Register for the session here!](#)

White House Conference on Hunger, Nutrition, and Health



On September 28, 2022, the White House hosted and broadcasted the Conference on Hunger, Nutrition, and Health, the second of its kind and the first since the Nixon Administration. At the conference the Biden-Harris Administration announced its National Strategy on Hunger, Nutrition, and Health. The conference is available for streaming so if you missed something or want to review a presentation, it is all [available here](#). Available also is an overview of the White House commitment to address hunger, nutrition, physical activity and health, and be sure to check out the [National Strategy report](#), developed with input from organizations across the country.

Indiana Department of Health Health Issues and Challenges Grant - Now Accepting Second Round of Funding Proposals

The Indiana Department of Health (IDOH) is making \$7.5 million in grants available as part of a second round of funding through the Health Issues and Challenges Grant program, which was established by the Indiana General Assembly in 2021 with funding from the American Rescue Plan Act. Entities are eligible to apply for funding for programs to help improve health outcomes related to one or more of the following priority areas: tobacco cessation, food insecurity/obesity, lead exposure, chronic disease and public health prevention programs, including community paramedicine and community health workers. Priority will be given to organizations that can demonstrate a high need and high impact in their grant proposals. Applications must be submitted by Nov. 18 2022.

[The application and grant guidance are available here.](#)



New Resources

Fiscal Year 2023 CACFP & SFSP Area Eligibility Data Now Available!

The USDA Food and Nutrition Service (FNS) is excited to announce that the 2023 Child and Adult Care Food Program (CACFP) and Summer Food Service Program (SFSP) participant area eligibility data are now available! At the start of every fiscal year, FNS releases a special tabulation of data provided by the Census Bureau for CACFP and SFSP that establishes area eligibility in CACFP and SFSP. These data are effective as of October 1, 2022. The FNS mapping tools have also been updated to reflect the new data.

[Access the new map here!](#)

State of Obesity 2022: Better Policies for a Healthier America

The 19th annual State of Obesity: Better Policies for a Healthier America report, released by [Trust for America's Health \(TFAH\)](#), finds that obesity rates continue to climb nationwide and within population groups. These persistent increases underscore that obesity is caused by a combination of factors including societal, biological, genetic, and environmental, which are beyond personal choice. Addressing the obesity crisis will require attending to the economic and structural factors of where and how people live.

[Access the report and read more here!](#)

Updated Whole Grain Resource for the National School Lunch and School Breakfast Programs

The Whole Grain Resource for The National School Lunch and School Breakfast Programs has been revised to reflect the final rule [Child Nutrition Programs: Transitional Standards for Milk, Whole Grains, and Sodium](#). The rule states that at least 80% of weekly grains must be whole grain-rich, and the remaining grains must be enriched. This resource includes important and comprehensive information on how to serve whole grain-rich foods in school meals. It provides step by step guidance as well as practical examples for identifying and documenting whole grain-rich foods.

[Access the resource here!](#)

Resources

[Community Compass](#)

[Educator Wellness Toolkit](#)

[Anti-Racist Toolkit for Food Banks](#)

[Indiana Grown for Schools](#)

[Indiana Active Living Guidebook](#)

[Indiana Healthy Worksites Toolkit](#)

[Indiana Safe Routes to School Guidebook](#)

[Indiana Shared Use Toolkit](#)

[Indiana Department of Health Internship Postings](#)

**Questions for the DNPA?
Reach us [HERE!](#)**



Resources

State & Community Health Media Breastfeeding Resources

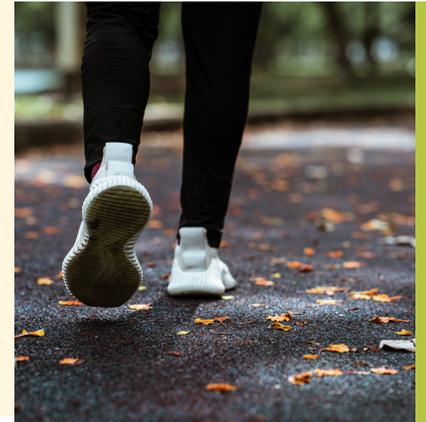


The CDC has recently published updated breastfeeding materials online in the [State & Community Health Media Center](#). Explore the free or low-cost materials in English and Spanish [here!](#)

Economic Indicators Library

The National Collaborative on Childhood Obesity Research (NCCOR) has added a new tool, the [Economic Indicators Library](#), to its Create Thriving, Activity-Friendly Communities resources which are designed to help communities to make the business case for investing in equitable, environmental improvements to promote physical activity. The library contains 10 data indicators affecting local quality of life, such as air quality, housing affordability, green space, and life expectancy. Users will find helpful resources to measure the economic benefits of activity-friendly communities. The library complements the tool's other resources, including a customizable presentation, talking points, and a factsheet.

[Access the tool here!](#)



Improving the Quality of Care for MCH Populations



The Department of Maternal, Newborn, Child and Adolescent Health, and Ageing at the World Health Organization (WHO) launched new Implementation Guidance titled, "Improving the Quality of Care for Maternal, Newborn, and Child Health: Implementation Guide for National, District and Facility Levels." The guidance includes practical information for policymakers, program managers, and health practitioners who are working to develop and implement quality of care programs for maternal, newborn, and child health at national, district, and facility levels.

[Access the guidance here!](#)



IDOH Health Issues and Challenges

Grant - Round 2

Due: November, 18 2022

The Indiana Department of Health (IDOH) is making \$7.5 million in grants available as part of a second round of funding through the Health Issues and Challenges Grant program, which was established by the Indiana General Assembly in 2021 with funding from the American Rescue Plan Act. Entities are eligible to apply for funding for programs to help improve health outcomes related to one or more of the following priority areas: tobacco cessation, food insecurity/obesity, lead exposure, chronic disease and public health prevention programs, including community paramedicine and community health workers. Priority will be given to organizations that can demonstrate a high need and high impact in their grant proposals. Applications must be submitted by Nov. 18 2022.

[Access the application here!](#)

Bloomberg Initiative for Cycling Infrastructure

Applications accepted on a rolling basis from November 10, 2022 - February 3, 2023

Led in partnership with the Global Designing Cities Initiative (GDCI), the Bloomberg Initiative for Cycling Infrastructure will:

- Fund ambitious cycling infrastructure projects by providing grants of \$400k USD to \$1M USD.
- Refine project plans by connecting winning cities with world-class technical assistance from GDCI.
- Implement projects and track progress by training city leaders on data collection, resident engagement and other industry best practices.
- Connect cities with a global network of peers.

[Learn more and apply here!](#)

Farm to School Grant FY2023

Due: January 6, 2023

The USDA Food and Nutrition Service, Farm to School Program announced its Farm to School Grant Program Request for Applications (RFA). USDA will award up to \$12 million in competitive grants. Each grant helps implement farm to school programs that increase access to local food and connect children with agriculture for better health.

[View the announcement and eligibility details here!](#)

Aim for a Garden Grant

Due: May 1, 2022

The National Park Service is currently accepting applications for \$192 million in ORLP grants. ORLP is a nationally competitive program targeting grant assistance to help economically disadvantaged urban communities with no, or almost no, access to publicly available, close-by, outdoor recreation, acquire and/or develop land to create, or substantially renovate, public parks and other outdoor recreation spaces. Applications will be accepted in Grants.gov through May 31, 2023, with an early submission deadline of Jan. 31, 2023. [Learn more and apply here!](#)

Outdoor Recreation Legacy Partnership (ORLP) Program

Due: May 31, 2023

The National Park Service is currently accepting applications for \$192 million in ORLP grants. ORLP is a nationally competitive program targeting grant assistance to help economically disadvantaged urban communities with no, or almost no, access to publicly available, close-by, outdoor recreation, acquire and/or develop land to create, or substantially renovate, public parks and other outdoor recreation spaces. Applications will be accepted in Grants.gov through May 31, 2023, with an early submission deadline of Jan. 31, 2023. [Learn more and apply here!](#)

Purdue Nutrition Education Program

Advisor: Micki Byrd

In what areas/counties do you work in?

Micki has worked with all ages across Clark County during the past 26 years that she been with the Purdue Extension Nutrition Education Program. "I am in the schools as well as WIC, assisted living facilities, and other agencies."

What is your favorite part about being a NEPA?

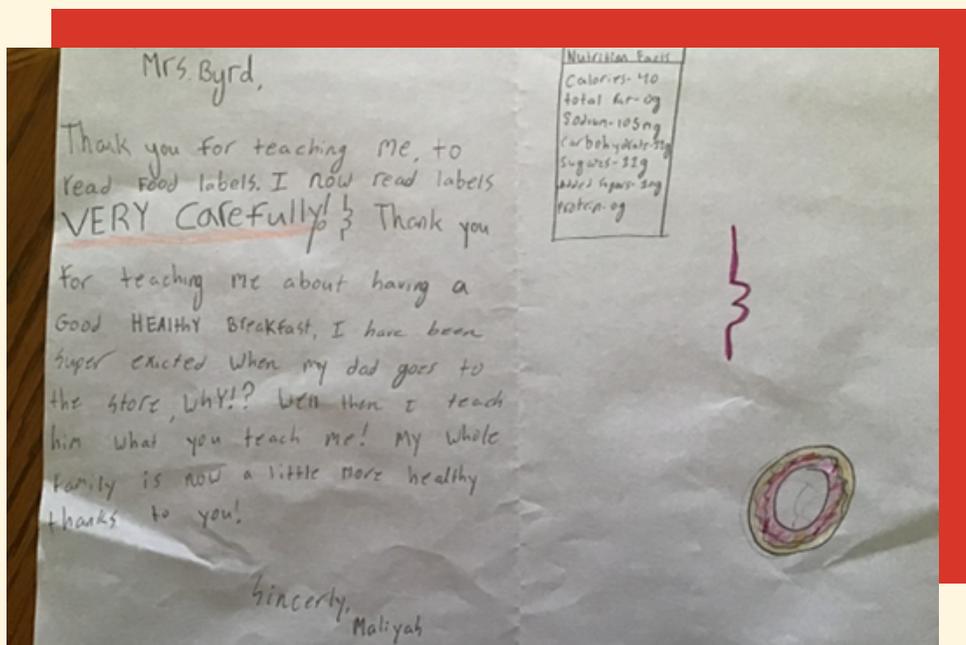
"I love it when someone tells me they are surprised that a recipe tastes good or when they learn something new."

Do you have a success story you would like to share?

"One of my favorite success stories is when I was at my granddaughter's track meet, a student from the other school and his mother came and told me how much he liked the nutrition classes. She told me she couldn't get him to try new foods, but because of our class one of his favorite vegetables is green peppers now!"

What are some of your personal interests?

"My personal interests are traveling. I love to find waterfalls or explore a lighthouse! Talking to people from different parts of the country is fun!"



Micki's students often write her notes, sharing what they've learned. Here's an example from one of her elementary school students.

Upcoming Events

OCT

National Farm to School Month

October

October is National Farm to School Month! Join the National Farm to School Network and thousands of schools, early care and education sites, farms, communities and organizations across the country as we celebrate food education, school gardens and lunch trays filled with healthy, local ingredients.

[Learn more about easy ways to get involved here](#)

NOV
1-2

Indiana Youth Institute Kids Count Conference

November 1-2, 2022, Indianapolis, IN

Join the Indiana Youth Institute in-person at the 2022 Kids Count Conference. At the conference, IYI will discuss strategies and identify tactics that will move us forward to create a better, brighter, and more equitable future for our youth.

[Register here](#)

NOV
15-17

Safe Routes to School Virtual Summit 2022

November 15-17, 2022

Register now to join hundreds of Safe Routes to School and active transportation professionals for a three-day virtual summit to showcase best practices, share success stories, and learn from one another to implement strong and sustainable Safe Routes to School programs in your community.

[Register here](#)

DEC
8

2022 Labor of Love Summit

December 8, 2022

Labor of Love is a joint Indiana Department of Health and community organization and leader-led project focused on reducing infant mortality. On its tenth anniversary, the summit will embark on The Year of the Mom - A Maternal Health Focus. Join us to network with clinicians, public health professionals, lactation consultants, doulas, and other healthcare professionals at the 2022 Labor of Love Summit. Together, we can raise the bar in regards to maternal health and access to health services, breastfeeding support, infant safe sleep, substance abuse and mental health.

[Register here](#)

Oct
26

Public Health AmeriCorps Programs

1 p.m. EST, Oct. 26

Do you know an organization seeking capacity to address a public health issue? AmeriCorps recently announced a new round of funding for Public Health AmeriCorps! The 2023 funding opportunity will support COVID-19 recovery, health equity, local public health, and will help create a pipeline of public health leaders. This webinar will provide an overview of Public Health AmeriCorps (PHA) — a new national service program in partnership with the Centers for Disease Control and Prevention (CDC) — and how to apply for funding. Hear from PHA's Director and current grantees and ask questions in an open Q&A.

[Register for the webinar here](#)

Nov
1

Tackling Neighborhood Poverty to Improve Children's Health: How Doctors Can Drive Community Investments

3 p.m. EST, Nov. 1

In this webinar, PHI's Build Healthy Places Network will explore how physicians and hospitals can partner with community development and accelerate and maximize investments to support healthier neighborhoods. Panelists will discuss the important roles they and their hospital partners played in guiding and accelerating neighborhood investments that support the health of local children and families.

[Register for the event here](#)

Nov
9

Exploring Multisectoral Collaboration: New Rural Health Care Models of Investment

1 p.m. EST, Nov. 9

Join the American Hospital Association and PHI's Build Healthy Places Network to learn more about upstream health care community investments in rural areas. This live conversation will spotlight "A Playbook for New Rural Healthcare Partnership Models of Investment", highlighting core strategies used by health care organizations that are leveraging multisector partnerships to improve health and well-being.

[Register fo the webinar here](#)

REC.

Building More Equitable SNAP-Ed Collaborations Series Part 1

Partnerships are critical to SNAP-Ed success for building healthier communities, and land-grant universities' Cooperative Extension agents are a key partner providing programs, messaging, and policy, systems, and environmental interventions alongside state departments of health and education, state-level nutrition networks, and other organizations. However, there are a multitude of factors influencing state and community partnerships, including funding disparities within the land-grant university system and among statewide implementing agencies, cultural awareness and integration, community food access, and so on. This three-part webinar series explores these factors, considers their impact on partnership development, and offers ideas and models for more equitable SNAP-Ed partnerships.

[Access the recording here](#)

October SNAP-Ed Recipe: Turkey Pumpkin Chili

Cool days beg for warm meals. This chili recipe takes 5 minutes to prep and 90 minutes to simmer – just enough time to rake the leaves or finish the homework. Like it spicy? Add crushed or ground red pepper to taste for a bit of heat!

Makes: 10 cups

Ingredients:

- 1 teaspoon oil
- 1 pound lean ground turkey (15% fat)
- 2/3 cup chopped onion (2/3 medium onion)
- 1/2 cup green pepper, seeded and chopped (about 1 small pepper)
- 2 cloves garlic, minced or 1/2 teaspoon garlic powder
- 1 can kidney beans, drained and rinsed (15 ounce or 1 3/4 cups)
- 1 can great northern beans, drained and rinsed (15 ounce or 1 3/4 cups)
- 1 can solid-pack pumpkin (15 ounce or 1 3/4 cups)
- 1 can crushed tomatoes (15 ounce or 1 3/4 cups)
- 1 can chicken broth, low sodium (15 ounce or 1 3/4 cups) (see notes)
- 1/2 cup water
- 2 tablespoons brown sugar
- 1 package taco seasoning mix (1.25 ounces)



Directions:

1. Pour oil into a 4-quart (or larger) saucepan.
 2. Add ground turkey, onion, green pepper and garlic.
 3. Cook and stir, breaking meat apart until meat is brown and vegetables are tender.
 4. Stir in the beans, pumpkin, tomatoes, broth, water, brown sugar and taco seasoning.
 5. Bring to a boil. Reduce heat; cover and simmer for 1 hour.
- Refrigerate leftovers within 2 hours.



Extension - Nutrition
Education Program

eatgathergo.org



Purdue University is an equal access/equal opportunity institution. This material was funded by USDA's Supplemental Nutrition Assistance Program (SNAP).

Receta SNAP-Ed de octubre: Pavo Calabaza Chile

Los días frescos piden comidas calientes. Esta receta de chile toma 5 minutos para prepararse y 90 minutos para hervir a fuego lento, el tiempo suficiente para rastrillar las hojas o terminar la tarea. ¿Te gusta picante? ¡Agregue pimienta roja triturada o molida al gusto para calentar un poco!

Rinde: 10 tazas

Ingredientes:

- 1 cucharadita de aceite
- 1 libra de pavo molido magro (15% de grasa)
- 2/3 taza de cebolla picada (2/3 de cebolla mediana)
- 1/2 taza de pimienta verde, sin semillas y picado (alrededor de 1 pimienta pequeño)
- 2 dientes de ajo picados o 1/2 cucharadita de ajo en polvo
- 1 lata de frijoles rojos, escurridos y enjuagados (15 onzas o 1 3/4 tazas)
- 1 lata de frijoles grandes del norte, escurridos y enjuagados (15 onzas o 1 3/4 tazas)
- 1 lata de calabaza en paquete sólido (15 onzas o 1 3/4 tazas)
- 1 lata de tomates triturados (15 onzas o 1 3/4 tazas)
- 1 lata de caldo de pollo, bajo en sodio (15 onzas o 1 3/4 tazas) (ver notas)
- 1/2 taza de agua
- 2 cucharadas de azúcar moreno
- 1 paquete de mezcla de condimentos para tacos (1.25 onzas)



Direcciones:

1. Vierta el aceite en una cacerola de 4 cuartos (o más grande).
 2. Agregue el pavo molido, la cebolla, el pimienta verde y el ajo.
 3. Cocine y revuelva, partiendo la carne hasta que se dore y las verduras estén tiernas.
 4. Agregue los frijoles, la calabaza, los tomates, el caldo, el agua, el azúcar morena y el condimento para tacos.
 5. Llevar a ebullición. Reduzca el calor; cubra y cocine a fuego lento durante 1 hora.
- Refrigere las sobras dentro de 2 horas.

