**Indiana State Nutrition Action Committee**

**Quarterly Meeting Minutes**

**Date:** May 5th, 2021

**Time:** 1-3pm

* **Organization Updates and News**
  + **IDOH SNAC Website** 
    - We are working on developing a website! Over the next few months, we will keep you updated with this progress.
    - In the meeting, we mentioned creating an RFP for a website partner, but we are moving in another direction with this process.
* **Partnering with Community Wellness Coordinators**
  + *Presented by Nathan Miller & Jered Blanchard*
    - Presentation: <https://docs.google.com/presentation/d/1MaJrwa9XFauxbBWwFVehFtVkh413jFySJvDwJLQnUZw/edit#slide=id.gd7210f6ded_0_69>
    - Additional resources: Making the Healthy Choice the Easy Choice: The Role of Community Wellness Coordinators Across the State: <https://documentcloud.adobe.com/link/track?uri=urn:aaid:scds:US:0a6577df-0f08-4883-a6e0-193c26cd37e3#pageNum=1>
  + Collaboration plays such an important role in prompting the work of CWCs and the work done in the community, since they do not have funding for specific program budgets
  + Your community engagement will lack if you lack funding, resilience, and collaboration
  + It takes a long time to build up partners and collaboration., but once they are in place- there is a lot of momentum with initiatives
  + Sample initiatives
    - Food access
      * Community only had a corner store and gas station for food
      * After engaging with the community and focusing on youth engagement, they were able to create a common space for people to gather and host Farmers Markets
    - Built environment
      * Found an intersection in the community that needed a boost of safety to improve usage of trails
      * After many partner collaborations, funding searches, and community input the team was able to create bike lanes and engage in other tactical urbanism projects!
      * This also helped to create a hub for the community to gather and connect
  + Steps to community collaboration from the CWC perspective: make a list of people you know and those you want to know, find their passion, and then connect their passion with others (you or otherwise)
  + Please see the attached slides from the presentation as well as slides about what community wellness coordinators do for Hoosier communities through Indiana’s Nutrition Education Program
  + If you would like to know more about the Nutrition Education Program or contact your county’s CWC, please reach out to Amy or Julia
* **SNAC Strategies & Goals Update**
  + Please see the slides for our updated SNAC strategies and goals
* **Health Equity Series: Part 1 – A Health Equity Primer**
  + Presented by Naima Gardner-Rice
  + In alignment with our new health equity statement and goals, we will be conducting small health equity sessions during each 2021 quarterly meeting (and beyond)
  + This presentation was rooted in the idea that health inequities are differences in health status that are systemic, unfair, unjust, and avoidable
  + Antiracism is about intentionally identifying the policies that lead to desperate outcomes and changing them using your own position of privilege
    - Why do we lead with race and not with the other isms: Race plays a unique role in our current system of oppression
    - Racial inequities persist across any other system and apply to other dimension of inequity as well
    - We must understand why race is so uniquely different when compared to other
      * It’s not exclusively race, but it’s always race
      * We intend to do better to amplify the lived experience of BIPOC and be open to any critical feedback on our end
  + Foot apartheid is being used rather than food deserts in this space
    - This term acknowledges the systemic intentionality behind those conditions of a food desert- points to the idea that food deserts are not naturally occurring, which can be implied when mentioning the “desert” term
  + The CDC has identified racism as a public health crisis and inadvertently identifies race and the experience of BIPOC communities
  + Recommended book for more information about racialized trauma: My Grandmother’s Hands
  + What are some additional topics that we should consider from an equity perspective?
* **Project Team Report-Outs**
  + Nutrition Incentive Program Team
    - Nutrition Network Building Update
      * Sent out emails to 23 stakeholders throughout the state after connecting with members of this group
      * Trying to understand capacity for housing a statewide nutrition incentives program
      * Conducting hour-long interviews with these stakeholders (performed by Kelly Ferguson through Wholesome Wave)
    - An evaluator at MCPHD will physically analyze these interviews and to give a picture of what a network of nutrition incentive programs would look like and what stakeholders (SNAP and retail matching programs)
    - Please email Michelle if you would like to provide an update of nutrition incentive programs in your area
  + Nutrition Education Promotion Team
    - SNAC One-pager Updates
      * Amy is working to compile and finish up these one-pagers by the next meeting
      * We are working on developing a new project for this team to discuss at the next meeting
  + Physical Activity Team
    - New Project: Peer Learning Network & Forums
      * Through conversations with CWCs and other stakeholders, a gap that we would like to fill is resource delivery and technical support with PSE changes related to community physical activity and the built environment
      * We are going to start brainstorming a statewide peer learning network for physical activity resources at the next meeting, so please invite anyone who would be interested!
  + Steering Committee
    - Health Equity Statement & Plan
      * A draft has been formed for the health equity statement
      * An outreach plan and health equity plan will be drafted over the coming months
* **Announcements and Reminders**
  + If you are a new member to the group or have yet to submit a **SNAC Member Profile**, please reach out to Amy or Julia to ensure you are included in our SNAC Member Profiles document.
    - Please send any updates for **SNAC Member Profiles** by **May 24th at 5pm**
    - **This template has been attached to the email**
  + Our next **newsletter** will be sent out **May 17th, 2021**. If you have an event, organization update, funding opportunity, job posting, and/or new resource(s) to share with the group please e-mail it to Amy Rupp ([arupp@isdh.in.gov](mailto:arupp@isdh.in.gov)) by **Friday, May 14th.**
  + The next meeting date is **August 24th, 2021 1 pm-3pm**. Please contact Amy Rupp ([arupp@isdh.in.gov](mailto:arupp@isdh.in.gov)) and/or Julia Brunnemer ([JBrunnemer@isdh.in.gov](mailto:JBrunnemer@isdh.in.gov)) for all SNAC and SNAP-Ed related information.